附件1

1. 考试方法与评分标准
2. 考生须先测试身体素质项目：100米、立定跳远、铅球三项，根据考生报考专项进行测试。
3. 径赛项目考试采用一次性比赛，使用手计时取成绩，参照评分标准换算成得分。
4. 田赛项目考试，每名考生均有3次试跳或试投机会，计取最好成绩换算成得分。

二、评分标准

男子身体素质评分表

|  |  |  |  |
| --- | --- | --- | --- |
| 分值 | 100米 | 立定跳远 | 铅球 |
| 100 | 11.3 | 280 | 12 |
| 99 | 11.34 | 279 | 11.9 |
| 98 | 11.38 | 278 | 11.8 |
| 97 | 11.42 | 277 | 11.7 |
| 96 | 11.46 | 276 | 11.6 |
| 95 | 11.5 | 275 | 11.5 |
| 94 | 11.54 | 274 | 11.4 |
| 93 | 11.58 | 273 | 11.3 |
| 92 | 11.62 | 272 | 11.2 |
| 91 | 11.66 | 271 | 11.1 |
| 90 | 11.7 | 270 | 11 |
| 89 | 11.74 | 269 | 10.9 |
| 88 | 11.78 | 268 | 10.8 |
| 87 | 11.82 | 267 | 10.7 |
| 86 | 11.86 | 266 | 10.6 |
| 85 | 11.9 | 265 | 10.5 |
| 84 | 11.94 | 264 | 10.4 |
| 83 | 11.98 | 263 | 10.3 |
| 82 | 12.02 | 262 | 10.2 |
| 81 | 12.06 | 261 | 10.1 |
| 80 | 12.1 | 260 | 10 |
| 79 | 12.14 | 259 | 9.9 |
| 78 | 12.18 | 258 | 9.8 |
| 77 | 12.22 | 257 | 9.7 |
| 76 | 12.26 | 256 | 9.6 |
| 75 | 12.3 | 255 | 9.5 |
| 74 | 12.34 | 254 | 9.4 |
| 73 | 12.38 | 253 | 9.3 |
| 72 | 12.42 | 252 | 9.2 |
| 71 | 12.46 | 251 | 9.1 |
| 70 | 12.5 | 250 | 9 |
| 69 | 12.54 | 249 | 8.9 |
| 68 | 12.58 | 248 | 8.8 |
| 67 | 12.62 | 247 | 8.7 |
| 66 | 12.66 | 246 | 8.6 |
| 65 | 12.7 | 245 | 8.5 |
| 64 | 12.74 | 244 | 8.4 |
| 63 | 12.78 | 243 | 8.3 |
| 62 | 12.82 | 242 | 8.2 |
| 61 | 12.86 | 241 | 8.1 |
| 60 | 12.9 | 240 | 8 |
| 59 | 12.94 | 239 | 7.9 |
| 58 | 12.98 | 238 | 7.8 |
| 57 | 13.02 | 237 | 7.7 |
| 56 | 13.06 | 236 | 7.6 |
| 55 | 13.1 | 235 | 7.5 |
| 54 | 13.14 | 234 | 7.4 |
| 53 | 13.18 | 233 | 7.3 |
| 52 | 13.22 | 232 | 7.2 |
| 51 | 13.26 | 231 | 7.1 |
| 50 | 13.3 | 230 | 7 |
| 49 | 13.34 | 229 | 6.9 |
| 48 | 13.38 | 228 | 6.8 |
| 47 | 13.42 | 227 | 6.7 |
| 46 | 13.46 | 226 | 6.6 |
| 45 | 13.5 | 225 | 6.5 |
| 44 | 13.54 | 224 | 6.4 |
| 43 | 13.58 | 223 | 6.3 |
| 42 | 13.62 | 222 | 6.2 |
| 41 | 13.66 | 221 | 6.1 |
| 40 | 13.7 | 220 | 6 |
| 39 | 13.74 | 219 | 5.9 |
| 38 | 13.78 | 218 | 5.8 |
| 37 | 13.82 | 217 | 5.7 |
| 36 | 13.86 | 216 | 5.6 |
| 35 | 13.9 | 215 | 5.5 |
| 34 | 13.94 | 214 | 5.4 |
| 33 | 13.98 | 213 | 5.3 |
| 32 | 14.02 | 212 | 5.2 |
| 31 | 14.06 | 211 | 5.1 |
| 30 | 14.1 | 210 | 5 |
| 29 | 14.14 | 209 | 4.9 |
| 28 | 14.18 | 208 | 4.8 |
| 27 | 14.22 | 207 | 4.7 |
| 26 | 14.26 | 206 | 4.6 |
| 25 | 14.3 | 205 | 4.5 |
| 24 | 14.34 | 204 | 4.4 |
| 23 | 14.38 | 203 | 4.3 |
| 22 | 14.42 | 202 | 4.2 |
| 21 | 14.46 | 201 | 4.1 |
| 20 | 14.5 | 200 | 4 |
| 19 | 14.54 | 199 | 3.9 |
| 18 | 14.58 | 198 | 3.8 |
| 17 | 14.62 | 197 | 3.7 |
| 16 | 14.66 | 196 | 3.6 |
| 15 | 14.7 | 195 | 3.5 |
| 14 | 14.74 | 194 | 3.4 |
| 13 | 14.78 | 193 | 3.3 |
| 12 | 14.82 | 192 | 3.2 |
| 11 | 14.86 | 191 | 3.1 |
| 10 | 14.9 | 190 | 3 |
| 9 | 14.94 | 189 | 2.9 |
| 8 | 14.98 | 188 | 2.8 |
| 7 | 15.02 | 187 | 2.7 |
| 6 | 15.06 | 186 | 2.6 |
| 5 | 15.1 | 185 | 2.5 |
| 4 | 15.14 | 184 | 2.4 |
| 3 | 15.18 | 183 | 2.3 |
| 2 | 15.22 | 182 | 2.2 |
| 1 | 15.26 | 181 | 2.1 |
| 0 | 15.3 | 180 | 2 |

女子身体素质评分表

|  |  |  |  |
| --- | --- | --- | --- |
| 分值 | 100米 | 立定跳远 | 铅球 |
| 100 | 12.8 | 230 | 9.6 |
| 99 | 12.86 | 229 | 9.52 |
| 98 | 12.92 | 228 | 9.44 |
| 97 | 12.98 | 227 | 9.36 |
| 96 | 13.04 | 226 | 9.28 |
| 95 | 13.1 | 225 | 9.2 |
| 94 | 13.16 | 224 | 9.12 |
| 93 | 13.22 | 223 | 9.04 |
| 92 | 13.28 | 222 | 8.96 |
| 91 | 13.34 | 221 | 8.88 |
| 90 | 13.4 | 220 | 8.8 |
| 89 | 13.46 | 219 | 8.72 |
| 88 | 13.52 | 218 | 8.64 |
| 87 | 13.58 | 217 | 8.56 |
| 86 | 13.64 | 216 | 8.48 |
| 85 | 13.7 | 215 | 8.4 |
| 84 | 13.76 | 214 | 8.32 |
| 83 | 13.82 | 213 | 8.24 |
| 82 | 13.88 | 212 | 8.16 |
| 81 | 13.94 | 211 | 8.08 |
| 80 | 14 | 210 | 8 |
| 79 | 14.06 | 209 | 7.92 |
| 78 | 14.12 | 208 | 7.84 |
| 77 | 14.18 | 207 | 7.76 |
| 76 | 14.24 | 206 | 7.68 |
| 75 | 14.3 | 205 | 7.6 |
| 74 | 14.36 | 204 | 7.52 |
| 73 | 14.42 | 203 | 7.44 |
| 72 | 14.48 | 202 | 7.36 |
| 71 | 14.54 | 201 | 7.28 |
| 70 | 14.6 | 200 | 7.2 |
| 69 | 14.66 | 199 | 7.12 |
| 68 | 14.72 | 198 | 7.04 |
| 67 | 14.78 | 197 | 6.96 |
| 66 | 14.84 | 196 | 6.88 |
| 65 | 14.9 | 195 | 6.8 |
| 64 | 14.96 | 194 | 6.72 |
| 63 | 15.02 | 193 | 6.64 |
| 62 | 15.08 | 192 | 6.56 |
| 61 | 15.14 | 191 | 6.48 |
| 60 | 15.2 | 190 | 6.4 |
| 59 | 15.26 | 189 | 6.32 |
| 58 | 15.32 | 188 | 6.24 |
| 57 | 15.38 | 187 | 6.16 |
| 56 | 15.44 | 186 | 6.08 |
| 55 | 15.5 | 185 | 6 |
| 54 | 15.56 | 184 | 5.92 |
| 53 | 15.62 | 183 | 5.84 |
| 52 | 15.68 | 182 | 5.76 |
| 51 | 15.74 | 181 | 5.68 |
| 50 | 15.8 | 180 | 5.6 |
| 49 | 15.86 | 179 | 5.52 |
| 48 | 15.92 | 178 | 5.44 |
| 47 | 15.98 | 177 | 5.36 |
| 46 | 16.04 | 176 | 5.28 |
| 45 | 16.1 | 175 | 5.2 |
| 44 | 16.16 | 174 | 5.12 |
| 43 | 16.22 | 173 | 5.04 |
| 42 | 16.28 | 172 | 4.96 |
| 41 | 16.34 | 171 | 4.88 |
| 40 | 16.4 | 170 | 4.8 |
| 39 | 16.46 | 169 | 4.72 |
| 38 | 16.52 | 168 | 4.64 |
| 37 | 16.58 | 167 | 4.56 |
| 36 | 16.64 | 166 | 4.48 |
| 35 | 16.7 | 165 | 4.4 |
| 34 | 16.76 | 164 | 4.32 |
| 33 | 16.82 | 163 | 4.24 |
| 32 | 16.88 | 162 | 4.16 |
| 31 | 16.94 | 161 | 4.08 |
| 30 | 17 | 160 | 4 |
| 29 | 17.06 | 159 | 3.92 |
| 28 | 17.12 | 158 | 3.84 |
| 27 | 17.18 | 157 | 3.76 |
| 26 | 17.24 | 156 | 3.68 |
| 25 | 17.3 | 155 | 3.6 |
| 24 | 17.36 | 154 | 3.52 |
| 23 | 17.42 | 153 | 3.44 |
| 22 | 17.48 | 152 | 3.36 |
| 21 | 17.54 | 151 | 3.28 |
| 20 | 17.6 | 150 | 3.2 |
| 19 | 17.66 | 149 | 3.12 |
| 18 | 17.72 | 148 | 3.04 |
| 17 | 17.78 | 147 | 2.96 |
| 16 | 17.84 | 146 | 2.88 |
| 15 | 17.9 | 145 | 2.8 |
| 14 | 17.96 | 144 | 2.72 |
| 13 | 18.02 | 143 | 2.64 |
| 12 | 18.08 | 142 | 2.56 |
| 11 | 18.14 | 141 | 2.48 |
| 10 | 18.2 | 140 | 2.4 |
| 9 | 18.26 | 139 | 2.32 |
| 8 | 18.32 | 138 | 2.24 |
| 7 | 18.38 | 137 | 2.16 |
| 6 | 18.44 | 136 | 2.08 |
| 5 | 18.5 | 135 | 2 |
| 4 | 18.56 | 134 | 1.92 |
| 3 | 18.62 | 133 | 1.84 |
| 2 | 18.68 | 132 | 1.76 |
| 1 | 18.74 | 131 | 1.68 |
| 0 | 18.8 | 130 | 1.6 |

男子专项径赛评分表

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 分值 | 100米 | 200米 | 400米 | 800米 | 1500米 | 110米栏(0.914) |
| 100 | 11.3 | 23 | 51.5 | 118 | 245 | 15.5 |
| 99 | 11.33 | 23.05 | 51.6 | 118.5 | 246 | 15.55 |
| 98 | 11.36 | 23.1 | 51.7 | 119 | 247 | 15.6 |
| 97 | 11.39 | 23.15 | 51.8 | 119.5 | 248 | 15.65 |
| 96 | 11.42 | 23.2 | 51.9 | 120 | 249 | 15.7 |
| 95 | 11.45 | 23.25 | 52 | 120.5 | 250 | 15.75 |
| 94 | 11.48 | 23.3 | 52.1 | 121 | 251 | 15.8 |
| 93 | 11.51 | 23.35 | 52.2 | 121.5 | 252 | 15.85 |
| 92 | 11.54 | 23.4 | 52.3 | 122 | 253 | 15.9 |
| 91 | 11.57 | 23.45 | 52.4 | 122.5 | 254 | 15.95 |
| 90 | 11.6 | 23.5 | 52.5 | 123 | 255 | 16 |
| 89 | 11.63 | 23.55 | 52.6 | 123.5 | 256 | 16.05 |
| 88 | 11.66 | 23.6 | 52.7 | 124 | 257 | 16.1 |
| 87 | 11.69 | 23.65 | 52.8 | 124.5 | 258 | 16.15 |
| 86 | 11.72 | 23.7 | 52.9 | 125 | 259 | 16.2 |
| 85 | 11.75 | 23.75 | 53 | 125.5 | 260 | 16.25 |
| 84 | 11.78 | 23.8 | 53.1 | 126 | 261 | 16.3 |
| 83 | 11.81 | 23.85 | 53.2 | 126.5 | 262 | 16.35 |
| 82 | 11.84 | 23.9 | 53.3 | 127 | 263 | 16.4 |
| 81 | 11.87 | 23.95 | 53.4 | 127.5 | 264 | 16.45 |
| 80 | 11.9 | 24 | 53.5 | 128 | 265 | 16.5 |
| 79 | 11.93 | 24.05 | 53.6 | 128.5 | 266 | 16.55 |
| 78 | 11.96 | 24.1 | 53.7 | 129 | 267 | 16.6 |
| 77 | 11.99 | 24.15 | 53.8 | 129.5 | 268 | 16.65 |
| 76 | 12.02 | 24.2 | 53.9 | 130 | 269 | 16.7 |
| 75 | 12.05 | 24.25 | 54 | 130.5 | 270 | 16.75 |
| 74 | 12.08 | 24.3 | 54.1 | 131 | 271 | 16.8 |
| 73 | 12.11 | 24.35 | 54.2 | 131.5 | 272 | 16.85 |
| 72 | 12.14 | 24.4 | 54.3 | 132 | 273 | 16.9 |
| 71 | 12.17 | 24.45 | 54.4 | 132.5 | 274 | 16.95 |
| 70 | 12.2 | 24.5 | 54.5 | 133 | 275 | 17 |
| 69 | 12.23 | 24.55 | 54.6 | 133.5 | 276 | 17.05 |
| 68 | 12.26 | 24.6 | 54.7 | 134 | 277 | 17.1 |
| 67 | 12.29 | 24.65 | 54.8 | 134.5 | 278 | 17.15 |
| 66 | 12.32 | 24.7 | 54.9 | 135 | 279 | 17.2 |
| 65 | 12.35 | 24.75 | 55 | 135.5 | 280 | 17.25 |
| 64 | 12.38 | 24.8 | 55.1 | 136 | 281 | 17.3 |
| 63 | 12.41 | 24.85 | 55.2 | 136.5 | 282 | 17.35 |
| 62 | 12.44 | 24.9 | 55.3 | 137 | 283 | 17.4 |
| 61 | 12.47 | 24.95 | 55.4 | 137.5 | 284 | 17.45 |
| 60 | 12.5 | 25 | 55.5 | 138 | 285 | 17.5 |
| 59 | 12.53 | 25.05 | 55.6 | 138.5 | 286 | 17.55 |
| 58 | 12.56 | 25.1 | 55.7 | 139 | 287 | 17.6 |
| 57 | 12.59 | 25.15 | 55.8 | 139.5 | 288 | 17.65 |
| 56 | 12.62 | 25.2 | 55.9 | 140 | 289 | 17.7 |
| 55 | 12.65 | 25.25 | 56 | 140.5 | 290 | 17.75 |
| 54 | 12.68 | 25.3 | 56.1 | 141 | 291 | 17.8 |
| 53 | 12.71 | 25.35 | 56.2 | 141.5 | 292 | 17.85 |
| 52 | 12.74 | 25.4 | 56.3 | 142 | 293 | 17.9 |
| 51 | 12.77 | 25.45 | 56.4 | 142.5 | 294 | 17.95 |
| 50 | 12.8 | 25.5 | 56.5 | 143 | 295 | 18 |
| 49 | 12.83 | 25.55 | 56.6 | 143.5 | 296 | 18.05 |
| 48 | 12.86 | 25.6 | 56.7 | 144 | 297 | 18.1 |
| 47 | 12.89 | 25.65 | 56.8 | 144.5 | 298 | 18.15 |
| 46 | 12.92 | 25.7 | 56.9 | 145 | 299 | 18.2 |
| 45 | 12.95 | 25.75 | 57 | 145.5 | 300 | 18.25 |
| 44 | 12.98 | 25.8 | 57.1 | 146 | 301 | 18.3 |
| 43 | 13.01 | 25.85 | 57.2 | 146.5 | 302 | 18.35 |
| 42 | 13.04 | 25.9 | 57.3 | 147 | 303 | 18.4 |
| 41 | 13.07 | 25.95 | 57.4 | 147.5 | 304 | 18.45 |
| 40 | 13.1 | 26 | 57.5 | 148 | 305 | 18.5 |
| 39 | 13.13 | 26.05 | 57.6 | 148.5 | 306 | 18.55 |
| 38 | 13.16 | 26.1 | 57.7 | 149 | 307 | 18.6 |
| 37 | 13.19 | 26.15 | 57.8 | 149.5 | 308 | 18.65 |
| 36 | 13.22 | 26.2 | 57.9 | 150 | 309 | 18.7 |
| 35 | 13.25 | 26.25 | 58 | 150.5 | 310 | 18.75 |
| 34 | 13.28 | 26.3 | 58.1 | 151 | 311 | 18.8 |
| 33 | 13.31 | 26.35 | 58.2 | 151.5 | 312 | 18.85 |
| 32 | 13.34 | 26.4 | 58.3 | 152 | 313 | 18.9 |
| 31 | 13.37 | 26.45 | 58.4 | 152.5 | 314 | 18.95 |
| 30 | 13.4 | 26.5 | 58.5 | 153 | 315 | 19 |
| 29 | 13.43 | 26.55 | 58.6 | 153.5 | 316 | 19.05 |
| 28 | 13.46 | 26.6 | 58.7 | 154 | 317 | 19.1 |
| 27 | 13.49 | 26.65 | 58.8 | 154.5 | 318 | 19.15 |
| 26 | 13.52 | 26.7 | 58.9 | 155 | 319 | 19.2 |
| 25 | 13.55 | 26.75 | 59 | 155.5 | 320 | 19.25 |
| 24 | 13.58 | 26.8 | 59.1 | 156 | 321 | 19.3 |
| 23 | 13.61 | 26.85 | 59.2 | 156.5 | 322 | 19.35 |
| 22 | 13.64 | 26.9 | 59.3 | 157 | 323 | 19.4 |
| 21 | 13.67 | 26.95 | 59.4 | 157.5 | 324 | 19.45 |
| 20 | 13.7 | 27 | 59.5 | 158 | 325 | 19.5 |
| 19 | 13.73 | 27.05 | 59.6 | 158.5 | 326 | 19.55 |
| 18 | 13.76 | 27.1 | 59.7 | 159 | 327 | 19.6 |
| 17 | 13.79 | 27.15 | 59.8 | 159.5 | 328 | 19.65 |
| 16 | 13.82 | 27.2 | 59.9 | 160 | 329 | 19.7 |
| 15 | 13.85 | 27.25 | 60 | 160.5 | 330 | 19.75 |
| 14 | 13.88 | 27.3 | 60.1 | 161 | 331 | 19.8 |
| 13 | 13.91 | 27.35 | 60.2 | 161.5 | 332 | 19.85 |
| 12 | 13.94 | 27.4 | 60.3 | 162 | 333 | 19.9 |
| 11 | 13.97 | 27.45 | 60.4 | 162.5 | 334 | 19.95 |
| 10 | 14 | 27.5 | 60.5 | 163 | 335 | 20 |
| 9 | 14.03 | 27.55 | 60.6 | 163.5 | 336 | 20.05 |
| 8 | 14.06 | 27.6 | 60.7 | 164 | 337 | 20.1 |
| 7 | 14.09 | 27.65 | 60.8 | 164.5 | 338 | 20.15 |
| 6 | 14.12 | 27.7 | 60.9 | 165 | 339 | 20.2 |
| 5 | 14.15 | 27.75 | 61 | 165.5 | 340 | 20.25 |
| 4 | 14.18 | 27.8 | 61.1 | 166 | 341 | 20.3 |
| 3 | 14.21 | 27.85 | 61.2 | 166.5 | 342 | 20.35 |
| 2 | 14.24 | 27.9 | 61.3 | 167 | 343 | 20.4 |
| 1 | 14.27 | 27.95 | 61.4 | 167.5 | 344 | 20.45 |
| 0 | 14.3 | 28 | 61.5 | 168 | 345 | 20.5 |

男子专项田赛评分表

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 分值 | 跳高 | 跳远 | 三级跳远 | 铅球（5kg) | 铁饼(2kg) | 标枪(700g) |
| 100 | 1.95 | 6.7 | 14 | 13 | 45 | 55 |
| 99 |  | 6.68 | 13.95 | 12.95 | 44.7 | 54.6 |
| 98 | 1.94 | 6.66 | 13.9 | 12.9 | 44.4 | 54.2 |
| 97 |  | 6.64 | 13.85 | 12.85 | 44.1 | 53.8 |
| 96 | 1.93 | 6.62 | 13.8 | 12.8 | 43.8 | 53.4 |
| 95 |  | 6.6 | 13.75 | 12.75 | 43.5 | 53 |
| 94 | 1.92 | 6.58 | 13.7 | 12.7 | 43.2 | 52.6 |
| 93 |  | 6.56 | 13.65 | 12.65 | 42.9 | 52.2 |
| 92 | 1.91 | 6.54 | 13.6 | 12.6 | 42.6 | 51.8 |
| 91 |  | 6.52 | 13.55 | 12.55 | 42.3 | 51.4 |
| 90 | 1.9 | 6.5 | 13.5 | 12.5 | 42 | 51 |
| 89 |  | 6.48 | 13.45 | 12.45 | 41.7 | 50.6 |
| 88 | 1.89 | 6.46 | 13.4 | 12.4 | 41.4 | 50.2 |
| 87 |  | 6.44 | 13.35 | 12.35 | 41.1 | 49.8 |
| 86 | 1.88 | 6.42 | 13.3 | 12.3 | 40.8 | 49.4 |
| 85 |  | 6.4 | 13.25 | 12.25 | 40.5 | 49 |
| 84 | 1.87 | 6.38 | 13.2 | 12.2 | 40.2 | 48.6 |
| 83 |  | 6.36 | 13.15 | 12.15 | 39.9 | 48.2 |
| 82 | 1.86 | 6.34 | 13.1 | 12.1 | 39.6 | 47.8 |
| 81 |  | 6.32 | 13.05 | 12.05 | 39.3 | 47.4 |
| 80 | 1.85 | 6.3 | 13 | 12 | 39 | 47 |
| 79 |  | 6.28 | 12.95 | 11.95 | 38.7 | 46.6 |
| 78 | 1.84 | 6.26 | 12.9 | 11.9 | 38.4 | 46.2 |
| 77 |  | 6.24 | 12.85 | 11.85 | 38.1 | 45.8 |
| 76 | 1.83 | 6.22 | 12.8 | 11.8 | 37.8 | 45.4 |
| 75 |  | 6.2 | 12.75 | 11.75 | 37.5 | 45 |
| 74 | 1.82 | 6.18 | 12.7 | 11.7 | 37.2 | 44.6 |
| 73 |  | 6.16 | 12.65 | 11.65 | 36.9 | 44.2 |
| 72 | 1.81 | 6.14 | 12.6 | 11.6 | 36.6 | 43.8 |
| 71 |  | 6.12 | 12.55 | 11.55 | 36.3 | 43.4 |
| 70 | 1.8 | 6.1 | 12.5 | 11.5 | 36 | 43 |
| 69 |  | 6.08 | 12.45 | 11.45 | 35.7 | 42.6 |
| 68 | 1.79 | 6.06 | 12.4 | 11.4 | 35.4 | 42.2 |
| 67 |  | 6.04 | 12.35 | 11.35 | 35.1 | 41.8 |
| 66 | 1.78 | 6.02 | 12.3 | 11.3 | 34.8 | 41.4 |
| 65 |  | 6 | 12.25 | 11.25 | 34.5 | 41 |
| 64 | 1.77 | 5.98 | 12.2 | 11.2 | 34.2 | 40.6 |
| 63 |  | 5.96 | 12.15 | 11.15 | 33.9 | 40.2 |
| 62 | 1.76 | 5.94 | 12.1 | 11.1 | 33.6 | 39.8 |
| 61 |  | 5.92 | 12.05 | 11.05 | 33.3 | 39.4 |
| 60 | 1.75 | 5.9 | 12 | 11 | 33 | 39 |
| 59 |  | 5.88 | 11.95 | 10.95 | 32.7 | 38.6 |
| 58 | 1.74 | 5.86 | 11.9 | 10.9 | 32.4 | 38.2 |
| 57 |  | 5.84 | 11.85 | 10.85 | 32.1 | 37.8 |
| 56 | 1.73 | 5.82 | 11.8 | 10.8 | 31.8 | 37.4 |
| 55 |  | 5.8 | 11.75 | 10.75 | 31.5 | 37 |
| 54 | 1.72 | 5.78 | 11.7 | 10.7 | 31.2 | 36.6 |
| 53 |  | 5.76 | 11.65 | 10.65 | 30.9 | 36.2 |
| 52 | 1.71 | 5.74 | 11.6 | 10.6 | 30.6 | 35.8 |
| 51 |  | 5.72 | 11.55 | 10.55 | 30.3 | 35.4 |
| 50 | 1.7 | 5.7 | 11.5 | 10.5 | 30 | 35 |
| 49 |  | 5.68 | 11.45 | 10.45 | 29.7 | 34.6 |
| 48 | 1.69 | 5.66 | 11.4 | 10.4 | 29.4 | 34.2 |
| 47 |  | 5.64 | 11.35 | 10.35 | 29.1 | 33.8 |
| 46 | 1.68 | 5.62 | 11.3 | 10.3 | 28.8 | 33.4 |
| 45 |  | 5.6 | 11.25 | 10.25 | 28.5 | 33 |
| 44 | 1.67 | 5.58 | 11.2 | 10.2 | 28.2 | 32.6 |
| 43 |  | 5.56 | 11.15 | 10.15 | 27.9 | 32.2 |
| 42 | 1.66 | 5.54 | 11.1 | 10.1 | 27.6 | 31.8 |
| 41 |  | 5.52 | 11.05 | 10.05 | 27.3 | 31.4 |
| 40 | 1.65 | 5.5 | 11 | 10 | 27 | 31 |
| 39 |  | 5.48 | 10.95 | 9.95 | 26.7 | 30.6 |
| 38 | 1.64 | 5.46 | 10.9 | 9.9 | 26.4 | 30.2 |
| 37 |  | 5.44 | 10.85 | 9.85 | 26.1 | 29.8 |
| 36 | 1.63 | 5.42 | 10.8 | 9.8 | 25.8 | 29.4 |
| 35 |  | 5.4 | 10.75 | 9.75 | 25.5 | 29 |
| 34 | 1.62 | 5.38 | 10.7 | 9.7 | 25.2 | 28.6 |
| 33 |  | 5.36 | 10.65 | 9.65 | 24.9 | 28.2 |
| 32 | 1.61 | 5.34 | 10.6 | 9.6 | 24.6 | 27.8 |
| 31 |  | 5.32 | 10.55 | 9.55 | 24.3 | 27.4 |
| 30 | 1.6 | 5.3 | 10.5 | 9.5 | 24 | 27 |
| 29 |  | 5.28 | 10.45 | 9.45 | 23.7 | 26.6 |
| 28 | 1.59 | 5.26 | 10.4 | 9.4 | 23.4 | 26.2 |
| 27 |  | 5.24 | 10.35 | 9.35 | 23.1 | 25.8 |
| 26 | 1.58 | 5.22 | 10.3 | 9.3 | 22.8 | 25.4 |
| 25 |  | 5.2 | 10.25 | 9.25 | 22.5 | 25 |
| 24 | 1.57 | 5.18 | 10.2 | 9.2 | 22.2 | 24.6 |
| 23 |  | 5.16 | 10.15 | 9.15 | 21.9 | 24.2 |
| 22 | 1.56 | 5.14 | 10.1 | 9.1 | 21.6 | 23.8 |
| 21 |  | 5.12 | 10.05 | 9.05 | 21.3 | 23.4 |
| 20 | 1.55 | 5.1 | 10 | 9 | 21 | 23 |
| 19 |  | 5.08 | 9.95 | 8.95 | 20.7 | 22.6 |
| 18 | 1.54 | 5.06 | 9.9 | 8.9 | 20.4 | 22.2 |
| 17 |  | 5.04 | 9.85 | 8.85 | 20.1 | 21.8 |
| 16 | 1.53 | 5.02 | 9.8 | 8.8 | 19.8 | 21.4 |
| 15 |  | 5 | 9.75 | 8.75 | 19.5 | 21 |
| 14 | 1.52 | 4.98 | 9.7 | 8.7 | 19.2 | 20.6 |
| 13 |  | 4.96 | 9.65 | 8.65 | 18.9 | 20.2 |
| 12 | 1.51 | 4.94 | 9.6 | 8.6 | 18.6 | 19.8 |
| 11 |  | 4.92 | 9.55 | 8.55 | 18.3 | 19.4 |
| 10 | 1.5 | 4.9 | 9.5 | 8.5 | 18 | 19 |
| 9 |  | 4.88 | 9.45 | 8.45 | 17.7 | 18.6 |
| 8 | 1.49 | 4.86 | 9.4 | 8.4 | 17.4 | 18.2 |
| 7 |  | 4.84 | 9.35 | 8.35 | 17.1 | 17.8 |
| 6 | 1.48 | 4.82 | 9.3 | 8.3 | 16.8 | 17.4 |
| 5 |  | 4.8 | 9.25 | 8.25 | 16.5 | 17 |
| 4 | 1.47 | 4.78 | 9.2 | 8.2 | 16.2 | 16.6 |
| 3 |  | 4.76 | 9.15 | 8.15 | 15.9 | 16.2 |
| 2 | 1.46 | 4.74 | 9.1 | 8.1 | 15.6 | 15.8 |
| 1 |  | 4.72 | 9.05 | 8.05 | 15.3 | 15.4 |
| 0 | 1.45 | 4.7 | 9 | 8 | 15 | 15 |

**女子专项径赛评分表**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 分值 | 100米 | 200米 | 400米 | 800米 | 1500米 | 100米栏(84cm) |
| 100 | 12.8 | 26.8 | 62 | 143 | 295 | 12.78 |
| 99 | 12.84 | 26.87 | 62.3 | 143.8 | 296.3 | 12.86 |
| 98 | 12.88 | 26.94 | 62.6 | 144.6 | 297.6 | 12.94 |
| 97 | 12.92 | 27.01 | 62.9 | 145.4 | 298.9 | 13.02 |
| 96 | 12.96 | 27.08 | 63.2 | 146.2 | 300.2 | 13.1 |
| 95 | 13 | 27.15 | 63.5 | 147 | 301.5 | 13.18 |
| 94 | 13.04 | 27.22 | 63.8 | 147.8 | 302.8 | 13.26 |
| 93 | 13.08 | 27.29 | 64.1 | 148.6 | 304.1 | 13.34 |
| 92 | 13.12 | 27.36 | 64.4 | 149.4 | 305.4 | 13.42 |
| 91 | 13.16 | 27.43 | 64.7 | 150.2 | 306.7 | 13.5 |
| 90 | 13.2 | 27.5 | 65 | 151 | 308 | 13.58 |
| 89 | 13.24 | 27.57 | 65.3 | 151.8 | 309.3 | 13.66 |
| 88 | 13.28 | 27.64 | 65.6 | 152.6 | 310.6 | 13.74 |
| 87 | 13.32 | 27.71 | 65.9 | 153.4 | 311.9 | 13.82 |
| 86 | 13.36 | 27.78 | 66.2 | 154.2 | 313.2 | 13.9 |
| 85 | 13.4 | 27.85 | 66.5 | 155 | 314.5 | 13.98 |
| 84 | 13.44 | 27.92 | 66.8 | 155.8 | 315.8 | 14.06 |
| 83 | 13.48 | 27.99 | 67.1 | 156.6 | 317.1 | 14.14 |
| 82 | 13.52 | 28.06 | 67.4 | 157.4 | 318.4 | 14.22 |
| 81 | 13.56 | 28.13 | 67.7 | 158.2 | 319.7 | 14.3 |
| 80 | 13.6 | 28.2 | 68 | 159 | 321 | 14.38 |
| 79 | 13.64 | 28.27 | 68.3 | 159.8 | 322.3 | 14.46 |
| 78 | 13.68 | 28.34 | 68.6 | 160.6 | 323.6 | 14.54 |
| 77 | 13.72 | 28.41 | 68.9 | 161.4 | 324.9 | 14.62 |
| 76 | 13.76 | 28.48 | 69.2 | 162.2 | 326.2 | 14.7 |
| 75 | 13.8 | 28.55 | 69.5 | 163 | 327.5 | 14.78 |
| 74 | 13.84 | 28.62 | 69.8 | 163.8 | 328.8 | 14.86 |
| 73 | 13.88 | 28.69 | 70.1 | 164.6 | 330.1 | 14.94 |
| 72 | 13.92 | 28.76 | 70.4 | 165.4 | 331.4 | 15.02 |
| 71 | 13.96 | 28.83 | 70.7 | 166.2 | 332.7 | 15.1 |
| 70 | 14 | 28.9 | 71 | 167 | 334 | 15.18 |
| 69 | 14.04 | 28.97 | 71.3 | 167.8 | 335.3 | 15.26 |
| 68 | 14.08 | 29.04 | 71.6 | 168.6 | 336.6 | 15.34 |
| 67 | 14.12 | 29.11 | 71.9 | 169.4 | 337.9 | 15.42 |
| 66 | 14.16 | 29.18 | 72.2 | 170.2 | 339.2 | 15.5 |
| 65 | 14.2 | 29.25 | 72.5 | 171 | 340.5 | 15.58 |
| 64 | 14.24 | 29.32 | 72.8 | 171.8 | 341.8 | 15.66 |
| 63 | 14.28 | 29.39 | 73.1 | 172.6 | 343.1 | 15.74 |
| 62 | 14.32 | 29.46 | 73.4 | 173.4 | 344.4 | 15.82 |
| 61 | 14.36 | 29.53 | 73.7 | 174.2 | 345.7 | 15.9 |
| 60 | 14.4 | 29.6 | 74 | 175 | 347 | 15.98 |
| 59 | 14.44 | 29.67 | 74.3 | 175.8 | 348.3 | 16.06 |
| 58 | 14.48 | 29.74 | 74.6 | 176.6 | 349.6 | 16.14 |
| 57 | 14.52 | 29.81 | 74.9 | 177.4 | 350.9 | 16.22 |
| 56 | 14.56 | 29.88 | 75.2 | 178.2 | 352.2 | 16.3 |
| 55 | 14.6 | 29.95 | 75.5 | 179 | 353.5 | 16.38 |
| 54 | 14.64 | 30.02 | 75.8 | 179.8 | 354.8 | 16.46 |
| 53 | 14.68 | 30.09 | 76.1 | 180.6 | 356.1 | 16.54 |
| 52 | 14.72 | 30.16 | 76.4 | 181.4 | 357.4 | 16.62 |
| 51 | 14.76 | 30.23 | 76.7 | 182.2 | 358.7 | 16.7 |
| 50 | 14.8 | 30.3 | 77 | 183 | 360 | 16.78 |
| 49 | 14.84 | 30.37 | 77.3 | 183.8 | 361.3 | 16.86 |
| 48 | 14.88 | 30.44 | 77.6 | 184.6 | 362.6 | 16.94 |
| 47 | 14.92 | 30.51 | 77.9 | 185.4 | 363.9 | 17.02 |
| 46 | 14.96 | 30.58 | 78.2 | 186.2 | 365.2 | 17.1 |
| 45 | 15 | 30.65 | 78.5 | 187 | 366.5 | 17.18 |
| 44 | 15.04 | 30.72 | 78.8 | 187.8 | 367.8 | 17.26 |
| 43 | 15.08 | 30.79 | 79.1 | 188.6 | 369.1 | 17.34 |
| 42 | 15.12 | 30.86 | 79.4 | 189.4 | 370.4 | 17.42 |
| 41 | 15.16 | 30.93 | 79.7 | 190.2 | 371.7 | 17.5 |
| 40 | 15.2 | 31 | 80 | 191 | 373 | 17.58 |
| 39 | 15.24 | 31.07 | 80.3 | 191.8 | 374.3 | 17.66 |
| 38 | 15.28 | 31.14 | 80.6 | 192.6 | 375.6 | 17.74 |
| 37 | 15.32 | 31.21 | 80.9 | 193.4 | 376.9 | 17.82 |
| 36 | 15.36 | 31.28 | 81.2 | 194.2 | 378.2 | 17.9 |
| 35 | 15.4 | 31.35 | 81.5 | 195 | 379.5 | 17.98 |
| 34 | 15.44 | 31.42 | 81.8 | 195.8 | 380.8 | 18.06 |
| 33 | 15.48 | 31.49 | 82.1 | 196.6 | 382.1 | 18.14 |
| 32 | 15.52 | 31.56 | 82.4 | 197.4 | 383.4 | 18.22 |
| 31 | 15.56 | 31.63 | 82.7 | 198.2 | 384.7 | 18.3 |
| 30 | 15.6 | 31.7 | 83 | 199 | 386 | 18.38 |
| 29 | 15.64 | 31.77 | 83.3 | 199.8 | 387.3 | 18.46 |
| 28 | 15.68 | 31.84 | 83.6 | 200.6 | 388.6 | 18.54 |
| 27 | 15.72 | 31.91 | 83.9 | 201.4 | 389.9 | 18.62 |
| 26 | 15.76 | 31.98 | 84.2 | 202.2 | 391.2 | 18.7 |
| 25 | 15.8 | 32.05 | 84.5 | 203 | 392.5 | 18.78 |
| 24 | 15.84 | 32.12 | 84.8 | 203.8 | 393.8 | 18.86 |
| 23 | 15.88 | 32.19 | 85.1 | 204.6 | 395.1 | 18.94 |
| 22 | 15.92 | 32.26 | 85.4 | 205.4 | 396.4 | 19.02 |
| 21 | 15.96 | 32.33 | 85.7 | 206.2 | 397.7 | 19.1 |
| 20 | 16 | 32.4 | 86 | 207 | 399 | 19.18 |
| 19 | 16.04 | 32.47 | 86.3 | 207.8 | 400.3 | 19.26 |
| 18 | 16.08 | 32.54 | 86.6 | 208.6 | 401.6 | 19.34 |
| 17 | 16.12 | 32.61 | 86.9 | 209.4 | 402.9 | 19.42 |
| 16 | 16.16 | 32.68 | 87.2 | 210.2 | 404.2 | 19.5 |
| 15 | 16.2 | 32.75 | 87.5 | 211 | 405.5 | 19.58 |
| 14 | 16.24 | 32.82 | 87.8 | 211.8 | 406.8 | 19.66 |
| 13 | 16.28 | 32.89 | 88.1 | 212.6 | 408.1 | 19.74 |
| 12 | 16.32 | 32.96 | 88.4 | 213.4 | 409.4 | 19.82 |
| 11 | 16.36 | 33.03 | 88.7 | 214.2 | 410.7 | 19.9 |
| 10 | 16.4 | 33.1 | 89 | 215 | 412 | 19.98 |
| 9 | 16.44 | 33.17 | 89.3 | 215.8 | 413.3 | 20.06 |
| 8 | 16.48 | 33.24 | 89.6 | 216.6 | 414.6 | 20.14 |
| 7 | 16.52 | 33.31 | 89.9 | 217.4 | 415.9 | 20.22 |
| 6 | 16.56 | 33.38 | 90.2 | 218.2 | 417.2 | 20.3 |
| 5 | 16.6 | 33.45 | 90.5 | 219 | 418.5 | 20.38 |
| 4 | 16.64 | 33.52 | 90.8 | 219.8 | 419.8 | 20.46 |
| 3 | 16.68 | 33.59 | 91.1 | 220.6 | 421.1 | 20.54 |
| 2 | 16.72 | 33.66 | 91.4 | 221.4 | 422.4 | 20.62 |
| 1 | 16.76 | 33.73 | 91.7 | 222.2 | 423.7 | 20.7 |
| 0 | 16.8 | 33.8 | 92 | 223 | 425 | 20.78 |

**女子专项田赛评分表**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 分值 | 跳高 | 跳远 | 三级跳远 | 铅球（4kg) | 铁饼(1kg) | 标枪(600g) |
| 100 | 165 | 5.4 | 11.6 | 12.5 | 39 | 38 |
| 99 | 164 | 5.37 | 11.55 | 12.4 | 38.65 | 37.7 |
| 98 | 163 | 5.34 | 11.5 | 12.3 | 38.3 | 37.4 |
| 97 | 162 | 5.31 | 11.45 | 12.2 | 37.95 | 37.1 |
| 96 | 161 | 5.28 | 11.4 | 12.1 | 37.6 | 36.8 |
| 95 | 160 | 5.25 | 11.35 | 12 | 37.25 | 36.5 |
| 94 | 159 | 5.22 | 11.3 | 11.9 | 36.9 | 36.2 |
| 93 | 158 | 5.19 | 11.25 | 11.8 | 36.55 | 35.9 |
| 92 | 157 | 5.16 | 11.2 | 11.7 | 36.2 | 35.6 |
| 91 | 156 | 5.13 | 11.15 | 11.6 | 35.85 | 35.3 |
| 90 | 155 | 5.1 | 11.1 | 11.5 | 35.5 | 35 |
| 89 | 154 | 5.07 | 11.05 | 11.4 | 35.15 | 34.7 |
| 88 | 153 | 5.04 | 11 | 11.3 | 34.8 | 34.4 |
| 87 | 152 | 5.01 | 10.95 | 11.2 | 34.45 | 34.1 |
| 86 | 151 | 4.98 | 10.9 | 11.1 | 34.1 | 33.8 |
| 85 | 150 | 4.95 | 10.85 | 11 | 33.75 | 33.5 |
| 84 | 149 | 4.92 | 10.8 | 10.9 | 33.4 | 33.2 |
| 83 | 148 | 4.89 | 10.75 | 10.8 | 33.05 | 32.9 |
| 82 | 147 | 4.86 | 10.7 | 10.7 | 32.7 | 32.6 |
| 81 | 146 | 4.83 | 10.65 | 10.6 | 32.35 | 32.3 |
| 80 | 145 | 4.8 | 10.6 | 10.5 | 32 | 32 |
| 79 | 144 | 4.77 | 10.55 | 10.4 | 31.65 | 31.7 |
| 78 | 143 | 4.74 | 10.5 | 10.3 | 31.3 | 31.4 |
| 77 | 142 | 4.71 | 10.45 | 10.2 | 30.95 | 31.1 |
| 76 | 141 | 4.68 | 10.4 | 10.1 | 30.6 | 30.8 |
| 75 | 140 | 4.65 | 10.35 | 10 | 30.25 | 30.5 |
| 74 | 139 | 4.62 | 10.3 | 9.9 | 29.9 | 30.2 |
| 73 | 138 | 4.59 | 10.25 | 9.8 | 29.55 | 29.9 |
| 72 | 137 | 4.56 | 10.2 | 9.7 | 29.2 | 29.6 |
| 71 | 136 | 4.53 | 10.15 | 9.6 | 28.85 | 29.3 |
| 70 | 135 | 4.5 | 10.1 | 9.5 | 28.5 | 29 |
| 69 | 134 | 4.47 | 10.05 | 9.4 | 28.15 | 28.7 |
| 68 | 133 | 4.44 | 10 | 9.3 | 27.8 | 28.4 |
| 67 | 132 | 4.41 | 9.95 | 9.2 | 27.45 | 28.1 |
| 66 | 131 | 4.38 | 9.9 | 9.1 | 27.1 | 27.8 |
| 65 | 130 | 4.35 | 9.85 | 9 | 26.75 | 27.5 |
| 64 | 129 | 4.32 | 9.8 | 8.9 | 26.4 | 27.2 |
| 63 | 128 | 4.29 | 9.75 | 8.8 | 26.05 | 26.9 |
| 62 | 127 | 4.26 | 9.7 | 8.7 | 25.7 | 26.6 |
| 61 | 126 | 4.23 | 9.65 | 8.6 | 25.35 | 26.3 |
| 60 | 125 | 4.2 | 9.6 | 8.5 | 25 | 26 |
| 59 | 124 | 4.17 | 9.55 | 8.4 | 24.65 | 25.7 |
| 58 | 123 | 4.14 | 9.5 | 8.3 | 24.3 | 25.4 |
| 57 | 122 | 4.11 | 9.45 | 8.2 | 23.95 | 25.1 |
| 56 | 121 | 4.08 | 9.4 | 8.1 | 23.6 | 24.8 |
| 55 | 120 | 4.05 | 9.35 | 8 | 23.25 | 24.5 |
| 54 | 119 | 4.02 | 9.3 | 7.9 | 22.9 | 24.2 |
| 53 | 118 | 3.99 | 9.25 | 7.8 | 22.55 | 23.9 |
| 52 | 117 | 3.96 | 9.2 | 7.7 | 22.2 | 23.6 |
| 51 | 116 | 3.93 | 9.15 | 7.6 | 21.85 | 23.3 |
| 50 | 115 | 3.9 | 9.1 | 7.5 | 21.5 | 23 |
| 49 | 114 | 3.87 | 9.05 | 7.4 | 21.15 | 22.7 |
| 48 | 113 | 3.84 | 9 | 7.3 | 20.8 | 22.4 |
| 47 | 112 | 3.81 | 8.95 | 7.2 | 20.45 | 22.1 |
| 46 | 111 | 3.78 | 8.9 | 7.1 | 20.1 | 21.8 |
| 45 | 110 | 3.75 | 8.85 | 7 | 19.75 | 21.5 |
| 44 | 109 | 3.72 | 8.8 | 6.9 | 19.4 | 21.2 |
| 43 | 108 | 3.69 | 8.75 | 6.8 | 19.05 | 20.9 |
| 42 | 107 | 3.66 | 8.7 | 6.7 | 18.7 | 20.6 |
| 41 | 106 | 3.63 | 8.65 | 6.6 | 18.35 | 20.3 |
| 40 | 105 | 3.6 | 8.6 | 6.5 | 18 | 20 |
| 39 | 104 | 3.57 | 8.55 | 6.4 | 17.65 | 19.7 |
| 38 | 103 | 3.54 | 8.5 | 6.3 | 17.3 | 19.4 |
| 37 | 102 | 3.51 | 8.45 | 6.2 | 16.95 | 19.1 |
| 36 | 101 | 3.48 | 8.4 | 6.1 | 16.6 | 18.8 |
| 35 | 100 | 3.45 | 8.35 | 6 | 16.25 | 18.5 |
| 34 | 99 | 3.42 | 8.3 | 5.9 | 15.9 | 18.2 |
| 33 | 98 | 3.39 | 8.25 | 5.8 | 15.55 | 17.9 |
| 32 | 97 | 3.36 | 8.2 | 5.7 | 15.2 | 17.6 |
| 31 | 96 | 3.33 | 8.15 | 5.6 | 14.85 | 17.3 |
| 30 | 95 | 3.3 | 8.1 | 5.5 | 14.5 | 17 |
| 29 | 94 | 3.27 | 8.05 | 5.4 | 14.15 | 16.7 |
| 28 | 93 | 3.24 | 8 | 5.3 | 13.8 | 16.4 |
| 27 | 92 | 3.21 | 7.95 | 5.2 | 13.45 | 16.1 |
| 26 | 91 | 3.18 | 7.9 | 5.1 | 13.1 | 15.8 |
| 25 | 90 | 3.15 | 7.85 | 5 | 12.75 | 15.5 |
| 24 | 89 | 3.12 | 7.8 | 4.9 | 12.4 | 15.2 |
| 23 | 88 | 3.09 | 7.75 | 4.8 | 12.05 | 14.9 |
| 22 | 87 | 3.06 | 7.7 | 4.7 | 11.7 | 14.6 |
| 21 | 86 | 3.03 | 7.65 | 4.6 | 11.35 | 14.3 |
| 20 | 85 | 3 | 7.6 | 4.5 | 11 | 14 |
| 19 | 84 | 2.97 | 7.55 | 4.4 | 10.65 | 13.7 |
| 18 | 83 | 2.94 | 7.5 | 4.3 | 10.3 | 13.4 |
| 17 | 82 | 2.91 | 7.45 | 4.2 | 9.95 | 13.1 |
| 16 | 81 | 2.88 | 7.4 | 4.1 | 9.6 | 12.8 |
| 15 | 80 | 2.85 | 7.35 | 4 | 9.25 | 12.5 |
| 14 | 79 | 2.82 | 7.3 | 3.9 | 8.9 | 12.2 |
| 13 | 78 | 2.79 | 7.25 | 3.8 | 8.55 | 11.9 |
| 12 | 77 | 2.76 | 7.2 | 3.7 | 8.2 | 11.6 |
| 11 | 76 | 2.73 | 7.15 | 3.6 | 7.85 | 11.3 |
| 10 | 75 | 2.7 | 7.1 | 3.5 | 7.5 | 11 |
| 9 | 74 | 2.67 | 7.05 | 3.4 | 7.15 | 10.7 |
| 8 | 73 | 2.64 | 7 | 3.3 | 6.8 | 10.4 |
| 7 | 72 | 2.61 | 6.95 | 3.2 | 6.45 | 10.1 |
| 6 | 71 | 2.58 | 6.9 | 3.1 | 6.1 | 9.8 |
| 5 | 70 | 2.55 | 6.85 | 3 | 5.75 | 9.5 |
| 4 | 69 | 2.52 | 6.8 | 2.9 | 5.4 | 9.2 |
| 3 | 68 | 2.49 | 6.75 | 2.8 | 5.05 | 8.9 |
| 2 | 67 | 2.46 | 6.7 | 2.7 | 4.7 | 8.6 |
| 1 | 66 | 2.43 | 6.65 | 2.6 | 4.35 | 8.3 |
| 0 | 65 | 2.4 | 6.6 | 2.5 | 4 | 8 |

附件2

**十堰一中足球竞技生专项考试方法与评分标准（非守门员）**

1. **考核指标与所占分值**

|  |  |  |  |
| --- | --- | --- | --- |
| 类别 | 专项素质 | 专项技术 | 实战能力 |
| 考核指标 | 5×25米折返跑 | 传准 运射 | 比赛 |
| 分值 | 20分 | 20分 20分 | 40分 |

**二、考试方法与评分标准**

（一）专项素质

5×25米折返跑

1.测试方法：考生从起跑线向场内垂直方向快跑，在跑动中依次用手击倒位于5米、10米、15米、20米和25米各处的标志物后返回起跑线，要求每击倒一个标志物须立即返回一次，再跑到下一个标志物，以此类推。考生应以站立式起跑，脚动开表，完成所有折返距离回到起跑线时停表，记录完成的时间。未击倒标志物，成绩无效。每人测试1次。

2.评分标准：

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 5×25米折返跑 | 成绩（秒） | 分值 | 成绩（秒） | 分值 |
| 男 | 女 | 男 | 女 |
| 得分标准 | 32.00 | 34.00 | **20** | 34.71-35.00 | 36.71-37.00 | **10** |
| 32.01-32.30 | 34.01-34.30 | **19** | 35.01-35.30 | 37.01-37.30 | **9** |
| 32.31-32.60 | 34.31-34.60 | **18** | 35.31-35.60 | 37.31-37.60 | **8** |
| 32.61-32.90 | 34.61-34.90 | **17** | 35.61-35.90 | 37.61-37.90 | **7** |
| 32.91-33.20 | 34.91-35.20 | **16** | 35.91-36.20 | 37.91-38.20 | **6** |
| 33.21-33.50 | 35.21-35.50 | **15** | 36.21-36.50 | 38.21-38.50 | **5** |
| 33.51-33.80 | 35.51-35.80 | **14** | 36.51-36.80 | 38.51-38.80 | **4** |
| 33.81-34.10 | 35.81-36.10 | **13** | 36.81-37.10 | 38.81-39.10 | **3** |
| 34.11-34.40 | 36.11-36.40 | **12** | 37.11-37.40 | 39.11-39.40 | **2** |
| 34.41-34.70 | 36.41-36.70 | **11** | 37.4以上 | 39.4以上 | **1** |

（二）专项技术

1.传准

（1）考试方法：如图所示，传球目标区域由一个室内五人制足球门（球门净宽度3米，净高度2米）和以球门线为直径（3米）画的半圆组成，圆心（球门线中心点）至起点线垂直距离为男子28米，女子23米。考生须将球置于起点线上或线后（线长5米，宽0.1米），向目标区域连续传球5次，左右脚均可，脚法不限。



（2）评分标准：以球从起点线踢出后，从空中落到地面的第一接触点为准。考生每将球传入目标区域的半圆内（含第一落点落在圆周线上），或五人制球门（含球击中球门横梁或立柱弹出）即得4分。考生每人只有一次测试机会，至多可以进行6次传准，踢中5次即为满分，满分20分。

2.运射

（1）考试方法：如图所示，从罚球区线中点垂直向场内延伸至20米处，画一条平行于球门线的横线作为起点线。距罚球区线2米处起，沿20米垂线共摆置8个标志桶。考生将球置于起点线上，运球依次绕过8个标志桶后起脚射门，球动开表，当球从空中或地面越过球门线时停表，记录完成的时间。凡出现漏桶、射门偏出球门，球击中横梁或立柱弹出，均属无效，不计成绩。每人测试2次，取最好成绩。



（2）评分标准：



**（三）实战能力**

比赛

（1）考试方法：视考生人数分队进行比赛。

（2）评分标准：考评员参照实战能力评分细则，独立对考生的技术能力、战术能力、心理素质以及比赛作风等方面进行综合评定。采用10分制评分，分数至多可到小数点后1位。

足球实战能力评分细则

|  |  |
| --- | --- |
| 等级（分值范围） | 评价标准 |
| 优（10-8.6分） | 战术意识水平表现突出，攻守职责完成很好，具有很好的阅读比赛能力；对抗情况下技术动作运用及完成合理、规范；比赛作风顽强、心理状态稳定。 |
| 良（8.5-7.6分） | 战术意识水平表现良好，攻守职责完成良好，具有良好的阅读比赛能力；对抗情况下技术动作运用较合理、完成动作较规范；比赛作风良好、心理状态稳定。 |
| 中（7.5-6分） | 战术意识水平表现一般，攻守职责完成一般，阅读比赛能力一般；对抗情况下技术动作运用基本合理、完成动作基本规范；比赛作风较好、心理状态有波动。 |
| 差（6分以下） | 战术意识水平表现差，攻守职责不清楚，不具有基本阅读比赛的能力；对抗情况下技术动作运用不合理、完成动作不规范；比赛作风一般、心理状态不稳定。 |

附件3

# 2022十堰市一中体育特长生乒乓球项目测试方法与评定标准

1. 考试指标与所占分值

|  |  |
| --- | --- |
| 类别 | 实战能力 |
| 考核指标 | 比赛 |
| 分值 | 100分 |

1. 考试方法

1.采用单循环制组织考生进行比赛，三局两胜制，比分由2:0取胜一场积2分，2:1取胜一场积1分，负一场积0分。积分由高至低录取；

2.若出现积分相同的情况则由胜负关系确定名次，若胜负关系仍不能确定名次则由小局比赛总净胜球确定名次。

3.其他内容参照中国乒乓球协会最近审定的乒乓球竞赛规则执行